

Dress Code: Dress should always be in accordance with the school's dress code in that it should be, at all times, modest, appropriate for the situation, not distracting, and not bring undue attention to the wearer. Special attention to the following areas is necessary to help promote a positive trip experience.

- Bus travel: shorts should be long enough to provide adequate coverage while sitting for extended periods of time
- No sleeveless shirts
- T-shirts: must not display inappropriate messages or symbols
- Swimwear must be modest and within these general guidelines. Chaperones reserve the right to ask students to cover up inappropriate swimwear or change if necessary.
 - Swimwear for men: trunks are acceptable that fit at the waste and do not sag (even when wet) nor should they be too tight. No Speedos or form-fitting shorts (board shorts type suits are best). A shirt must be worn to and from the swimming areas.
 - Swimwear for ladies: one-piece bathing suits and tankinis are acceptable. The most important issue is that both the top of the bathing suit and the bottom be full coverage and fit well. No low cut, low back, and suits with cut-outs. *No bikinis or strapless suits*. An appropriate cover-up must be worn to and from the swimming areas.
- Special occasion dress: each trip coordinator will provide any additional clothing requirements as deemed necessary.

Packing List: each trip is unique and has specific requirements. Please follow the suggested packing list provided by the trip coordinator.

Other Guidelines: below are other guidelines to be followed.

- Hot Tub (where applicable)
 - Wear appropriate swimsuits
 - No couples allowed in the hot tub alone. In mixed company there must be at least 3 people in the hot tub at all times.
 - No PDA (holding hands, hugging, etc.)
- Restricted Items: To help maintain the spirit and mission of the trip, please follow the guidelines listed in the *Student Handbook* for general information on acceptable behavior and prohibited items while on a school sponsored trip. Additionally, the following items are prohibited:
 - DVD players and DVDs
 - Laptop and other computers
 - Questionable reading, listening and material
 - Avoid bringing expensive cameras or anything highly valuable that might be stolen or damaged
 - Avoid large sums of cash

Required Forms: each student and parent will be required to sign a Trip Agreement, Medical Release and any other documents specific to the trip prior to departure.

As always, remember "Who you are" and "Whose you are" and we are representing Little Rock Christian!